

Competencies for PTA 210

- A. Student shows understanding of basic patient care procedures.
 - 1. Obtains and records vital signs, recognizing normal ranges.
 - 2. Aware of types of isolation and uses correct precautions with each.
 - 3. Understands standard and isolation precautions and recognizes when to use each.
 - 4. Uses principles of proper draping.
- B. Student shows understanding of bed mobility and positioning.
- C. Student is capable of performing proper and safe transfers.
- D. Student is capable of performing gait-training techniques, observing safety, and in keeping with patient impairment.
- E. Student demonstrates understanding of components of wheelchair prescriptions, using and training patients in safe wheelchair usage.
- F. Student is capable of safely applying superficial heat, cold, paraffin, contrast baths, and hydrotherapy procedures with knowledge of indications, absolute, and relative contraindications for each.
- G. Student will be able to safely and effectively perform basic massage techniques, with knowledge of indications, absolute, and relative contraindications for each.
- H. Student will be able to demonstrate knowledge of goniometric skills on all major joints of the body.
 - I. Student will be able to demonstrate basic manual muscle testing skills for all major muscle groups in the body.
- J. Student will be able to demonstrate passive range of motion exercises for upper and lower extremities.
- K. Student shows working knowledge of communication skills to be utilized both with the physical therapist, other health care workers, and the patient and his/her family.